



# ABSOLUTE BLAST FASTPITCH ASSOCIATION

## 18 GOLD – HAGEN



### #11 Gabby Calhoun

Graduation Year:	2017	Position:	P, 2B, OF
Date of Birth:	October 11, 1998	Bats / Throws:	Right / Right
Height:	5'5"	Home to First:	2.9 secs
Parents	Norman Calhoun Theresa Brown	Home to Home:	12.5 secs
High School:	Mountlake Terrace HS Mountlake Terrace, WA		
College Major:	Medicine	GPA:	3.6
NCAA Clearinghouse:	No	SAT:	N/A
		ACT:	N/A

✉ [gabbycalhoun11@gmail.com](mailto:gabbycalhoun11@gmail.com)

☎ 206-473-1930

### Softball Information

- 2015 WesCo3A All-League Hon. Mention
- 2014 2015 Mountlake Terr. HS – Varsity Letter
- 2014 ASA Seattle Metros Champion
- 2014 Triple Crown World Series
- 2013 ASA Nationals (14U)
- 2013 ASA WA State Champions
- 2012 NSA WA State Champions
- 2012 ASA WA State Champions
- 2010 ASA Hall of Fame – Oklahoma

### Other Activities

- National Honor Society 2014-present
- MTHS Volleyball – Varsity Letter 2014, 2015
- Miracle League of Monroe: 2013-present
- National Junior Honor Society: 2012-13
- BTMS Volleyball and Basketball Coaches Award – Athlete of the Year: 2012-13

### Skills Video

- [https://www.youtube.com/watch?v=2s9v36kl\\_uk&feature=youtu.be](https://www.youtube.com/watch?v=2s9v36kl_uk&feature=youtu.be)

### Softball Team History

- Current: Absolute Blast
- 2013-15: NW Ladysharks
- 2008-13: Washington Patriots
- 2007-12: Lynnwood Little League

### Softball Camps & Instruction

- Pitching Instruction: Randy Seidlitz

### Coach Contact Information

Summer / Travel Coach:	Jeffrey Hagen	206-940-5557	<a href="mailto:jhagenAB@yahoo.com">jhagenAB@yahoo.com</a>
High School Coach:	Shannon Rasmussen	425-879-6473	
Pitching Coach:	Randy Seidlitz	206-200-2947	<a href="mailto:seidlitz@comcast.net">seidlitz@comcast.net</a>
Recruiting Coordinator:	Christopher Faist	206-947-3095	<a href="mailto:chris@absoluteblast.com">chris@absoluteblast.com</a>