



# ABSOLUTE BLAST FASTPITCH ASSOCIATION

## 18 GOLD – HAGEN



### #15 Caroline Sonnen

Graduation Year:	2017	Position:	3B, OF
Date of Birth:	September 9, 1998	Bats / Throws:	Right / Right
Height:	5'8"	Home to First:	2.9 secs
Parents	Mitchell Sonnen Sally Sonnen	Home to Home:	12.2 secs
High School:	Eastside Catholic HS 232 228 <sup>th</sup> Avenue SE Sammamish, WA 98074		
College Major:	Computer Science	GPA:	3.9
NCAA	N/A	SAT:	N/A
Clearinghouse:		ACT:	N/A

✉ [carolinesonnen@hotmail.com](mailto:carolinesonnen@hotmail.com)

☎ 425-633-9960

### Softball Information

- 2016 Eastside Catholic HS Varsity team captain
- 2016 WIAA 3A State Tournament
- 2014-2016 EC HS Varsity Letter
- 2016 Metro League – Mtn. Div. 1<sup>st</sup> Team SS
- 2014, 2015 All Metro League Honors (infield)
- 2015 Crusader Award for Softball
  - Chosen by players and coaches to recognize the athlete that best exemplifies the touchstones of ECHS
- 2013-14 Scholar Athlete for Volleyball & Softball

### Other Activities

- 2015-16 Junior Class Vice-President
- 2015-16 Varsity Robotics team
- 2015-16 National Honor Society
- 2014-15 Female lead of ECHS fall drama production
- 2014-15 & 2013-14 Class Officer
- Various community service projects through church, school and softball teams
- ECHS Science Student of the Year
- ECHS Freshman Class Principal's Award
- ECHS – Bothell Community Service Scholarship
- Jacinta Maria Johnson Knight of Columbus Award

### Softball Team History

- 2015-present Absolute Blast 18Gold
- 2013-15 Bellevue Blast
- 2011-13 WA Blaze Dynamite
- 2010-12 Redmond West LL (All-Stars in 2010, 3<sup>rd</sup> Place in WA State)
- 2009 Absolute Blast

### Softball Camps & Instruction

- SeattleU Winter Softball Clinic (2016)
- Hitting Lessons – Jeff Johnson, Marty Martin and Randy Seidlitz

### Coach Contact Information

Summer / Travel Coach:	Jeff Hagen	206-940-5557	<a href="mailto:jhagenAB@yahoo.com">jhagenAB@yahoo.com</a>
High School Coach:	Angela Napier	425-736-5368	<a href="mailto:angela.napier@cobaltmortgage.com">angela.napier@cobaltmortgage.com</a>
Recruiting Coordinator:	Chris Faist	206-947-3095	<a href="mailto:chris@absoluteblast.com">chris@absoluteblast.com</a>

### **Coach Contact Information**

Summer / Travel Coach:	Jeff Hagen	206-940-5557	jhagenAB@yahoo.com
High School Coach:	Angela Napier	425-736-5368	angela.napier@cobaltmortgage.com
Recruiting Coordinator:	Chris Faist	206-947-3095	chris@absoluteblast.com